

REGISTER for ONE SESSION ONLY

Fill out form completely...One form per child....Please Print

Name _____ Age _____ D. of B. _____

Address _____ Zip Code _____ Telephone _____

Parent's Name _____

Parent's Email Address _____

Child's School _____ Grade in Fall _____

Register for:

SESSION 1 (6/24- 7/16) SESSION 2 (7/18-8/8) SESSION 3 (6/24-8/8 Monday & Thursday Evenings)

Level I/II _____ Level III _____ Level IV _____ Level V/VI _____

Parent & Child _____

Parent Signature

COURSES OFFERED

- LEVEL I/II Water Exploration and Primary Skills
- LEVEL III Stroke Readiness
- LEVEL IV Stroke Development
- LEVEL V/VI Stroke Refinement and Proficiency
- Parent & Child Water Adjustment and Basic Skills with a Parent (Age 6 months – 5 years)



LIFEGUARD TRAINING.... For those at least 15 years-old who wish to develop water safety and rescue skills.
Candidates must pass a prerequisite swim test. Additional course and book fee are required.

Lessons are free for Quincy residents who have a current Recreation Pool Participation Card.

2019 CLASS TIMES - SESSION 1 or SESSION 2 or SESSION 3

LEVEL I/II	LEVEL III	LEVEL IV	LEVEL V/VI
11:00 – 11:30 a.m. Session 1 & 2	11:00 – 11:30 a.m. Session 1 & 2	11:00 – 12:00 Noon Session 1 & 2	11:00 – 12:00 Noon Session 1 & 2
11:30 – 12:00 Noon Session 1 & 2	11:30 – 12:00 Noon Session 1 & 2	12:00 – 1:00 p.m. Session 1 & 2	12:00 – 1:00 p.m. Session 1 & 2
12:00 – 12:30 p.m. Session 1 & 2	12:00 – 12:30 p.m. Session 1 & 2	1:00 – 2:00 p.m. Session 1 & 2	1:00 – 2:00 p.m. Session 1 Only
12:30 – 1:00 p.m. Session 1 & 2	12:30 – 1:00 p.m. Session 1 & 2	2:00 – 3:00 p.m. Session 1 & 2	2:00 – 3:00 p.m. Session 1 Only
1:00 – 1:30 p.m. Session 1 & 2	1:00 – 1:30 p.m. Session 1 & 2	3:00 – 4:00 p.m. Session 1 & 2	3:00 – 4:00 p.m. Session 1 & 2
1:30 – 2:00 p.m. Session 1 & 2	1:30 – 2:00 p.m. Session 1 & 2	6:00 – 7:00 p.m. Session 3 Only	
2:00 – 2:30 p.m. Session 1 & 2	2:00 – 2:30 p.m. Session 1 & 2	7:00 – 8:00 p.m. Session 3 Only	
2:30 – 3:00 p.m. Session 1 & 2	2:30 – 3:00 p.m. Session 1 & 2		
3:00 – 3:30 p.m. Session 1 & 2	3:00 – 3:30 p.m. Session 1 & 2		
3:30 – 4:00 p.m. Session 1 & 2	3:30 – 4:00 p.m. Session 1 & 2		
6:00 – 6:30 p.m. Session 3 Only	6:00 – 6:30 p.m. Session 3 Only		
6:30 – 7:00 p.m. Session 3 Only	6:30 – 7:00 p.m. Session 3 Only		
7:00 – 7:30 p.m. Session 3 Only	7:00 – 7:30 p.m. Session 3 Only		
7:30 – 8:00 p.m. Session 3 Only	7:30 – 8:00 p.m. Session 3 Only		

PARENT AND CHILD (Age 6 months – 5 years)
6:00 – 6:30 p.m. Session 3 Only
6:30 – 7:00 p.m. Session 3 Only
7:00 – 7:30 p.m. Session 3 Only
7:30 – 8:00 p.m. Session 3 Only

Quincy Recreation Swimming Lessons 2019

Celebrating Our 44th Year of the Learn to Swim Program at the Lincoln Hancock Pool!

The Quincy Recreation Department will conduct swimming instruction for Quincy residents age six and above at the Lincoln Hancock Community School Pool, during July and August. Water Safety Instructors and lifeguards trained in accordance with standards set by the American Red Cross will teach the lessons.

Testing for swimmers unsure of which class to register for will be held on **Friday, June 7, 2019 from 6:30 to 8:30 p.m.** Testing is for swimmers unfamiliar with the swim program or who have had instruction during the winter. Non-swimmers who have never taken lessons do not need to be tested and should register for Level I/II. The **Boating and Sailing prerequisite swim test** will also be given at this time for residents age 8 or older.

There will be three sessions of swim instruction. Participants may register for one session only. **Session 1 begins Monday, June 24, 2019 and ends Tuesday, July 16, 2019. Session 2 begins Thursday, July 18, 2019 and ends Thursday, August 8, 2019. Session 3 will run on Monday and Thursday evenings beginning on Monday, June 24, 2019 and ending on Thursday, August 8, 2019.** Registration will be held at the Quincy Recreation Department Office, One Merrymount Parkway.

In session 1 and 2, Classes for **Level I/II, Level III, Level IV, and Level V/VI** classes will be taught between 11:00 a.m. – 4:00 p.m. **Monday through Friday**, on the half-hour or hour depending upon the level (schedule on reverse side). **Children must be at least six years old when lessons begin.** In session 3, Classes for **Level I/II, Level III, Level IV and Parent & Child** classes will be taught between 6:00 p.m. – 8:00 p.m. **Monday and Thursday** on the half-hour or hour depending upon the level (schedule on reverse side). **Children in Level I through IV must be at least six years old when lessons begin. Parent & Child classes are for children age 6 months to 5 years; parent must accompany child to each class.**

Session 1 Registration
Saturday, June 8, 2019
11:00a.m.
Class Dates:
Monday, June 24, 2019 to
Tuesday, July 16, 2019
(No Class July 4th)

Session 2 Registration
Saturday, June 8, 2019
9:00 a.m.
Class Dates:
Thursday, July 18, 2019 to
Thursday, August 8, 2019

Session 3 Registration
Saturday, June 8, 2019
9:00 a.m.
Class Dates:
Monday, June 24, 2019 to
Thursday, August 8, 2019
Monday & Thursday Evenings

Registration will be held at the Quincy Recreation Department Office.

The Quincy Recreation Department will not accept pre-registration or telephone registrations. Assured placement in the class, days, and times of choice should be done at the above dates and times. Post-registration is accepted on a first come, space available basis.

Quincy Recreation Department
One Merrymount Parkway
Quincy, MA 02170
617-376-1394
www.QuincyRec.com