

# 42nd Annual Quincy Senior Olympics May 4, 2026 to May 20, 2026

## GENERAL INFORMATION

Open to Active Adults ages 55 and over.

### REGISTRATION:

- **\$20.00 Fee Includes:**
  - 2026 Olympic T-Shirt
  - Entrance to the Sportsmanship Luncheon Hosted by Brookdale
  - The Awards Collation
- Additional fees apply for pickleball, cornhole, bowling, bocce, and golf.
- Registration Deadline: **April 29, 2026.**
- Registrations can be completed online at QuincyRec.com, mailed, or dropped off:  
**Quincy Recreation Department  
One Merrymount Parkway  
Quincy, MA 02170**
- Checks made payable to: **Quincy Recreation Department**

### AGE GROUPING & MEDAL POLICY

Individual competitions will be judged by age categories in **5-year increments:**  
55-59, 60-64, 65-69, 70-74, and so on.

- **7 or More Competitors** in an age group:  
3 Medals awarded: Gold, Silver, Bronze
- **4 to 6 Competitors** in an age group:  
2 Medals awarded: Gold and Silver
- **3 or Fewer Competitors** in an age group:  
1 Medal awarded: Gold

**\*\*Registration in advance is required for all events.\*\***

## EVENTS: LISTED BY DATE

### MONDAY, MAY 4, 2026

#### 9- Hole Golf Tournament

Tee times begin at **9:00 AM - \$10 Fee**  
(limited to 10 foursomes)

Furnace Brook Golf Club, 20 Reservoir Road

### TUESDAY, MAY 5, 2026

#### Billiards - 8 Ball – 10:00 AM

Olindy's Lanes, 170 Quincy Ave.

#### One Mile Walk – 3:00 PM

#### Opening Ceremony – 3:45 PM

#### Volleyball Game – 4:15 PM

Kennedy Center, 440 E. Squantum St.

### WEDNESDAY, MAY 6, 2026

#### Men's Bowling – 12:00 PM - \$5 Fee

Olindy's Lanes, 170 Quincy Ave.

#### Women's Bowling – 2:00 PM - \$5 Fee

Olindy's Lanes, 170 Quincy Ave.

### THURSDAY, MAY 7, 2026

#### Rotation Events – 11:00 AM

Pageant Field, Merrymount Parkway

- **Horseshoe Pitching**
- **Basketball Free Throw**

### FRIDAY, MAY 8, 2026

#### Two Mile Walk 10:00 AM

Pageant Field, One Merrymount Parkway

#### Sportsmanship Luncheon – 1:00 PM

Kennedy Center, 440 E. Squantum St.

### MONDAY, MAY 11, 2026

#### Cornhole Tournament – 10:00 AM

Men's Doubles, Women's Doubles, Mixed Doubles

Enter one draw, \$10 Fee per player

Pageant Field, Merrymount Parkway

#### Swimming – 6:00 PM

Lincoln Hancock School Pool, 321 Water Street

- Free-Style, Breaststroke, Backstroke
- Ages 55-69 Swim 100-yard events
- Ages 70+ Swim 50-yard events
- Distance Free Style – 500 yards

### TUESDAY, MAY 12, 2026

#### Men's Bocce – 9:00 AM - \$5 Fee

#### Women's Bocce – 12:00 PM - \$5 Fee

Torre Dei Passeri Club, 252 Washington Street

### WEDNESDAY, MAY 13, 2026

#### Darts – 11:30 AM

Kennedy Center, 440 E. Squantum St.

### FRIDAY, MAY 15, 2026

#### Track & Field Events

Faxon Field Track, 102 Coddington St.

#### One Mile Run – 10:00 AM

#### Half Mile Walk – 10:30 AM

#### Rotation Events – 11:00 AM

(Softball Throw, Discus, Javelin, Shot Put)

### MONDAY, MAY 18, 2026

#### Pickleball Tournament – 9:30 AM

Men's Doubles, Women's Doubles, Mixed Doubles

Enter one Draw, \$5 Fee per player

Faxon Park Courts

### WEDNESDAY, MAY 20, 2026

#### Volleyball – 10:30 AM

Kennedy Center, 440 E. Squantum St.

#### Closing Ceremony & Awards Night 2:30 PM

Kennedy Center, 440 E. Squantum St.

The Olympic Creed

The most important thing in the Olympic games, is not to win,  
But to take part:

Just as the most important thing  
In life is not the triumph,  
But the struggle:

The essential thing is not to have  
Conquered,  
But to have fought well.



For additional information,  
Please contact:

Quincy Council on Aging,  
Department of Elder Services  
(617) 376-1506

Quincy Recreation Department  
(617) 376-1394

Quincy on the Go...  
A Healthy Place to live!

**42<sup>nd</sup> Annual Quincy  
Senior Olympics**

May 4, 2026 to May 20, 2026

**Michelle Hanly**  
Director of Elder Services

**Chris Rooney**  
Director of Recreation

Presented By:

*The City of Quincy*

Sponsored By:



Supported By:

*Quincy Foundation*



**42<sup>nd</sup> Annual  
Quincy Senior  
Olympics**



**May 4, 2026  
to  
May 20, 2026**

**Thomas P. Koch  
Mayor**