

**38th Annual Quincy Senior
Olympics
May 9, 2022 to May 26, 2022**

GENERAL INFORMATION

Open to Men and Women ages 55 and over.

REGISTRATION:

- **\$20.00** for all events AND:
- **An official 2022 Olympic T-Shirt**
- **Entrance to the Sportsmanship Luncheon Hosted by Brookdale**
- **The Awards Collation**
- Additional fees apply for bowling and golf.
- Registration Deadline: **May 2, 2022.**
- Registrations can be mailed or dropped off to:
**Quincy Recreation Department
One Merrymount Parkway
Quincy, MA 02170**
- Checks made payable to: **Quincy Recreation Department**

AGE GROUPING & MEDAL POLICY

- Competition will be judged by age categories in **5-year increments**: 55-59, 60-64, 65-69, and so on.
- **7 or More** Competitors in an age group, 3 Medals will be awarded: Gold, Silver, Bronze
- **4 to 6** Competitors in an age group, 2 Medals awarded: Gold and Silver
- **3 or Fewer** Competitors in an age group, 1 Medal awarded: Gold

EVENTS: LISTED BY DATE

MONDAY, MAY 9, 2022

One Mile Walk – 6:00 p.m. Men & Women
Opening Ceremony – 6:45 p.m.
Volleyball Game – 7:15 p.m.
Kennedy Center, 440 E. Squantum St.

TUESDAY, MAY 10, 2022

Men's Bowling – 1:00 p.m.
Olindy's Lanes, 170 Quincy Ave.

WEDNESDAY, MAY 11, 2022

Rotation Events – 1:00 p.m. Men & Women
Broad Meadows Middle School, 50 Calvin Road

- **Horseshoe Pitching**
- **Basketball Free Throw**

THURSDAY, MAY 12, 2022

Men's Bocce from 8:30 a.m. – 11:30 a.m.
Women's Bocce from 11:30 a.m. – 3:30 p.m.
Torre Dei Passeri Club, 252 Washington St.

FRIDAY, MAY 13, 2022

Three Mile Walk 10:30 a.m. Men & Women
Pageant Field, One Merrymount Parkway

SATURDAY, MAY 14, 2022

Pickleball Tournament – Men & Women
Two player teams submitted by participants
9:30 a.m. – Broad Meadows Middle School

MONDAY, MAY 16, 2022

Track & Field Events – Men & Women
Faxon Field Track, 102 Coddington St.
One Mile Run – 9:30 a.m.
Half Mile Walk – 9:45 a.m.
Rotation Events – 10:00 a.m.

- **Softball Throw, Standing Long Jump**
- **Javelin Throw, Shot Put, Discus**

TUESDAY, MAY 17, 2022

Golf Tournament – Men & Women
T-times begin at 9:00 a.m.
Furnace Brook Golf Club, 20 Reservoir Road

Women's Bowling – 1:00 p.m.
Olindy's Lanes, 170 Quincy Ave.

WEDNESDAY, MAY 18, 2022

Darts – 9:30 a.m. Men & Women
Kennedy Center, 440 E. Squantum St.

Billiards - 8 Ball – 2:00 p.m. Men & Women
Olindy's Lanes, 170 Quincy Ave.

THURSDAY, MAY 19, 2022

Sportsmanship Luncheon – 1:00 p.m.
Kennedy Center, 440 E. Squantum St.

SUNDAY, MAY 22, 2022

Cornhole Tournament – Men & Women
Two player teams submitted by participants
9:30 a.m. Richard J. Koch Recreation Complex, One Merrymount Parkway

MONDAY, MAY 23, 2022

Swimming – 6:30 p.m. Men & Women
Lincoln Hancock School Pool, 316 Water Street

- Free-Style, Breaststroke, Backstroke
- Ages 55-69 Swim 100-yard events
- Ages 70+ Swim 50-yard events
- Distance Free Style – 500 yards

THURSDAY, MAY 26, 2022

Closing Ceremony & Awards Night
6:00 p.m. - Kennedy Center, 440 E. Squantum St.

- **Refreshments** – 6:00 p.m.
- **Awards Ceremony** – 6:30 p.m.

The Olympic Creed

*The most important thing in the
Olympic games, is not to win,
But to take part:*

*Just as the most important thing
In life is not the triumph,
But the struggle:*

*The essential thing is not to have
Conquered,
But to have fought well.*



**For additional information,
Please contact:**

**Quincy Council on Aging,
Department of Elder Services
(617) 376-1506**

**Quincy Recreation Department
(617) 376-1394**

**Quincy on the Go...
A Healthy Place to live!**

38th Annual Quincy Senior Olympics

May 9, 2022 to May 26, 2022

**Thomas F. Clasby, Jr.
Director of Elder Services**

**Michelle Hanly
Director of Recreation**

Presented By:

The City of Quincy

Sponsored By:



Supported By:



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**May 9, 2022 to
May 26, 2022**

**Thomas P. Koch
Mayor**