

41st Annual Quincy Senior Olympics May 5, 2025 to May 22, 2025

GENERAL INFORMATION

Open to Active Adults ages 55 and over.

REGISTRATION:

- **\$20.00 Fee Includes:**
 - 2025 Olympic T-Shirt
 - Entrance to the Sportsmanship Luncheon Hosted by Brookdale
 - The Awards Collation
- Additional fees apply for pickleball, cornhole, bowling, bocce, and golf. Registration in advance is required for these events.
- Registration Deadline: **May 1, 2025.**
- Registrations can be completed online at QuincyRec.com, mailed, or dropped off:
**Quincy Recreation Department
One Merrymount Parkway
Quincy, MA 02170**
- Checks made payable to: **Quincy Recreation Department**

AGE GROUPING & MEDAL POLICY

Individual competitions will be judged by age categories in **5-year increments:**
55-59, 60-64, 65-69, 70-74, and so on.

- **7 or More Competitors** in an age group:
3 Medals awarded: Gold, Silver, Bronze
- **4 to 6 Competitors** in an age group:
2 Medals awarded: Gold and Silver
- **3 or Fewer Competitors** in an age group:
1 Medal awarded: Gold

EVENTS: LISTED BY DATE

MONDAY, MAY 5, 2025

One Mile Walk – 6:00 PM
Opening Ceremony – 6:45 PM
Volleyball Game – 7:15 PM
Kennedy Center, 440 E. Squantum St.

TUESDAY, MAY 6, 2025

Billiards - 8 Ball – 1:00 PM
Olindy's Lanes, 170 Quincy Ave.

WEDNESDAY, MAY 7, 2025

Darts – 11:00 AM
Kennedy Center, 440 E. Squantum St.

THURSDAY, MAY 8, 2025

Cornhole Tournament
Men's Doubles, Women's Doubles, Mixed Doubles
\$5 Fee per player, Enter one draw
10:00 AM
Pageant Field, Merrymount Parkway

FRIDAY, MAY 9, 2025

Sportsmanship Luncheon – 1:00 PM
Kennedy Center, 440 E. Squantum St.

MONDAY, MAY 12, 2025

Track & Field Events
Faxon Field Track, 102 Coddington St.
One Mile Run – 10:00 AM
Half Mile Walk – 10:15 AM
Rotation Events – 10:30 AM
(Softball Throw, Discus, Javelin, Shot Put)

TUESDAY, MAY 13, 2025

Men's Bowling – 10:00 AM \$5 Fee
Olindy's Lanes, 170 Quincy Ave.
Women's Bowling – 12:00 PM \$5 Fee
Olindy's Lanes, 170 Quincy Ave.

WEDNESDAY, MAY 14, 2025

Pickleball Tournament
Men's Doubles, Women's Doubles, Mixed Doubles
\$10 Fee per player, Enter one Draw
9:30 AM
Fenno Street Courts

THURSDAY, MAY 15, 2025

Men's Bocce - 8:30 AM \$5 Fee
Women's Bocce - 11:30 AM \$5 Fee
Pageant Field, Merrymount Parkway

FRIDAY, MAY 16, 2025

9- Hole Golf Tournament –
\$10 Fee, T-times begin at 9:00 AM
(limited to 10 foursomes)
Furnace Brook Golf Club, 20 Reservoir Road

Rotation Events – 1:00 PM

Pageant Field, Merrymount Parkway

- **Horseshoe Pitching**
- **Basketball Free Throw**

MONDAY, MAY 19, 2025

Two Mile Walk 10:00 AM
Pageant Field, One Merrymount Parkway

Swimming – 6:30 PM

Lincoln Hancock School Pool, 316 Water Street

- Free-Style, Breaststroke, Backstroke
- Ages 55-69 Swim 100-yard events
- Ages 70+ Swim 50-yard events
- Distance Free Style – 500 yards

THURSDAY, MAY 22, 2025

Closing Ceremony & Awards Night 6:00 PM
Kennedy Center, 440 E. Squantum St.

- **Refreshments** – 6:00 PM
- **Awards Ceremony** – 6:30 PM

The Olympic Creed

The most important thing in the Olympic games, is not to win,
But to take part:

Just as the most important thing
In life is not the triumph,
But the struggle:

The essential thing is not to have
Conquered,
But to have fought well.



For additional information,
Please contact:

Quincy Council on Aging,
Department of Elder Services
(617) 376-1506

Quincy Recreation Department
(617) 376-1394

Quincy on the Go...
A Healthy Place to live!

**41st Annual Quincy
Senior Olympics**

May 5, 2025 to May 22, 2025

Michelle Hanly
Director of Elder Services

Chris Rooney
Director of Recreation

Presented By:

The City of Quincy

Sponsored By:



Supported By:

Quincy Foundation



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Quincy Senior
Olympics**



**May 5, 2025
to**

May 22, 2025

**Thomas P. Koch
Mayor**