

Guidelines for Keeping Your Child Home

The Quincy Recreation Department would like parents to review the guidelines for keeping a child home from a recreation program due to illness.

If your child should get sick at home prior to joining a recreation program, it would be most appropriate to keep them home from a recreation program. A sick child will not be able to function well and may spread illness to other participants and staff.

A participant should not come to a recreation program if they have:

1. Fever of 100.4 or above in the last 24 hours. Participants must be fever-free for at least 24 hours without the use of Tylenol, Motrin, or other fever reducing medication prior to returning to a recreation program.
2. Vomiting more than once in the last 24 hours
3. Diarrhea more than once in the last 24 hours
4. Chills with other symptoms of illness
5. Sore throat that has been present for more than 24 hours
6. Strep throat – participants may return after 24 hours of antibiotic treatment, if they are well enough to participate in recreation programs and have a note from a doctor.
7. Bad cold, with a runny nose or a productive cough that has kept the child awake at night and/or will interfere with the child's performance in a recreation program
8. In the past 14 days, if the participant has had close contact with a person known to be infected with the novel coronavirus (COVID-19) participants may return with a note from a doctor

If your child becomes ill at a recreation program and the staff feels it appropriate for the child to go home, it is essential that the recreation department have a list of your emergency contacts in the case you are not available or cannot be reached. If your phone numbers change, please make sure you inform the Recreation Department.

Thank you for observing these guidelines. Please note that these guidelines do not include all possible illnesses or health concerns. Your cooperation will help provide a healthier and more safe environment for all of the participants and staff in the community.

Sincerely,
Michelle Hanly, CPRP
Director of Recreation

Revised 6/26/2020

